



NEWSWATCH

Vol. 2024-2025 No. 7

March 2025

**Next meeting: Wednesday, April 9, at 2 p.m.
Peterson Room, IU Foundation, SR46 Bypass, OR Zoom**

What habits do super-agers possess?



When retirees meet on April 9 at 2 p.m., Michelle Miller, retired senior lecturer in the School of Public Health, will outline “The Seven Habits of Highly Effective Super-Agers.” The session will be in the Peterson Room of the IU Foundation and on Zoom.

Michelle has worked in the field of movement for 30 years. She taught in IU’s kinesiology department for 25 years, developing and directing an undergraduate degree curriculum for students to become health and fitness specialists. The owner of M&M Movement Training, she says, “My motto has been and continues to be, ‘If we move well, we tend to move more.’ For me this is key to maintaining quality of life.”

Certified as an exercise physiologist by the American College of Sports Medicine, she has developed a curriculum to help build better balance. Michelle is a popular lecturer at IU’s Mini University. Special guests will be members of the Senior Academy, the retiree association for Indiana University Indianapolis, who will be joining on Zoom.

Annual meeting slated for April 9

Before Michelle Miller’s presentation on April 9, the IURA will hold a brief annual meeting. On the

agenda will be the election of four voting board members. IURA Vice President **John Schilb** chairs the nominating committee. Other members are **Ken Beckley, Sally Dunn, and Diana Lambdin**.

Nominees for three-year terms are Nan Brewer, Jan Hillier, and Gary Wiggins. Kip Smith is being nominated for a two-year term.

Nan Brewer retired in March 2024 as the Eskenazi Museum of Art’s Lucienne M. Glaubinger Curator of Works on Paper. Working in the museum’s curatorial department for 38 years, she organized almost 100 exhibitions, more than 120 in-gallery installations, and over 450 related programs. She also designed and managed the museum’s Center for Prints, Drawings and Photographs. She has written and lectured on IU’s artistic history and legacy.

After earning her MBA and PhD from the Kelley School of Business, **Jan Hillier** served on the faculty in the department of management and entrepreneurship from 2009 to 2019, teaching undergraduate, graduate, and online courses. She also taught the required “Managing Business Functions” class in the Liberal Arts Management Program (LAMP) and a leadership seminar at Hutton Honors College. Jan retired in May 2019.

Gary Wiggins earned four degrees from IU, including a master’s degree in Slavic languages and literature. In 1976 he became head of the chemistry library and director of the Chemical Information Center. He also taught the literature of science and technology course in the School of Library and Information Science. In 2003 he became director of the cheminformatics and bioinformatics programs in the School of Informatics. Gary retired in 2007.

Kip Smith joined IU's athletics staff as head football trainer in 1983 and became head athletic trainer in 1987, while also serving as wrestling athletic trainer. He taught in the athletic training education program and administered the athletic sports medicine program. Kip also provided health and safety services as a medical observer for concussion injuries of football players for IU and for the Indianapolis Colts. He retired in 2014.

Four people are leaving the board. **Joyce Krothe** has completed two terms on the IURA board and is ineligible for reelection. **Anita Douglas** resigned in December 2024 "in anticipation of moving from our wonderful community, my home for the past 30-plus years." **Beau Vallance** has chosen not to seek reelection to a second term. **Perry Metz**, elected last year, is resigning because his travel schedule prevents his participation in IURA activities.

A look inside newly created museum



IU's Museum of Archaeology and Anthropology was closed for spring break, but on March 19 it opened to give about 40 IURA members an inside view. Sarah Junk Hatcher, the museum's learning and communications engagement manager, talked about the backstory in merging the former Glenn Black Laboratory of Archaeology

and the former Mathers Museum of World Cultures.

In the fall of 2019, President Michael McRobbie announced the merger, and museum staffs began packing 5.5 million artifacts and 28,000 objects before they had to vacate the facility in September 2020. The pandemic interrupted those plans, but in

May 2020, staff were given permission to re-enter, along with what Sarah called "an amazing crew of students."

Retirees asked about repatriation of objects. Repatriation of human remains is required by law, Sarah said, but the museum has embraced the spirit as well as the letter of the law and returned objects with spiritual significance to their original owners. On May 31 the museum will memorialize the "City on the River," popularly called Angel Mounds, celebrating the people who lived and worked there.

Another questioner asked how anthropology museum collections differ from those in art museums. Sarah deferred to **Beau Vallance**, her former professor, who suggested that anthropology museums exhibit objects in contexts that tell the stories of cultures while art museums typically explore artistic styles and materials.

Sarah introduced retirees to current exhibits. In the photo at left, she stands before a flag that is part of the "Through Our Eyes: A Reclamation" exhibit. Three Indigenous guest curators presented an Indigenous perspective of the experiences depicted in early 20th-century photography.

Free to wander, some, like **Sandra Churchill** in the photo below, explored textiles in the collection – major exhibit of Islamic textiles is included – while others chose to observe a huge video installation that shows the border from both the U.S. and Mexican sides.



Sarah invited retirees to celebrate spring at the museum. The April 10 event, from 5:30 to 7:30 p.m., will feature plant-centered activities and good food.

Conversation + Dessert coming in May

On Thursday, May 8, Conversation + Dessert!, a bonus IURA program, will feature a panel, discussion, and member-provided desserts. It will be from 3:30 to 5 p.m. at St. Mark's United Methodist Church. The topic – Bloomington: Place, History, and Culture – is one close to home.

Panelists are **Jim Madison**, prizewinning author of books about Indiana; **Glenda Murray**, official Monroe County historian; and **Scott Russell Sanders**, author of essays and fiction about Bloomington and southern Indiana.

Art sought for EH/IURA exhibit

The 2025 annual retirees' art exhibit is coming. The opening reception is Friday, April 25, from 5 to 7 p.m. at Emeriti House, 1015 Atwater Ave. Retirees affiliated with IURA and/or Emeriti House are invited to submit up to two artworks, delivered by Monday morning, April 21.

Art may be in any 2-D or 3-D medium (painting, photography, printmaking, collage, fiber/textile arts, sculpture, mixed media, etc.). It may or may not be for sale. Artists set the price; no commission is taken.

The Call for Art is on the IURA website, along with the Art Info form, which can be completed and submitted digitally. Address questions to **Beau Vallance**, chair, evallanc@gmail.com.

May luncheon scheduled for Meadowood

On May 14, retirees and their guests will celebrate the end of the academic year with a special luncheon buffet in Meadowood's Terrace Room. The IURA's own **Wendy Elliot** will provide background piano music for the event. Retirees and guests may arrive after 11 a.m. and select a seat. The buffet begins at 11:30 a.m.

The menu will include salad (butter lettuce, blueberries, toasted pecans, dried cranberries, goat cheese, and lemon balsamic dressing), gluten-free pork tenderloin with apple chutney on the side, baked sweet potato, fresh asparagus with lemon, croissants, and banana-pineapple spice cake.

Those who do not eat pork must specify chicken parmesan or crustless spinach quiche when making their reservations. Water, iced tea, and lemonade will be served at the table, and self-serve coffee will be available.

The cost for each meal is \$25, which includes tax and tip. Reservations must be received by April 29. Because of space limitations, only the first 75 reservations can be accommodated. ***People whose forms arrive after that number has been reached will be notified and placed on a waiting list. For that reason, please include your email address.***

Meadowood will provide bus service from the Center for Exploration of Energy and Matter (formerly the cyclotron) parking area.

RESERVATION FOR MAY 14 LUNCHEON

Doors Open 11 a.m., Buffet at 11:30
Terrace Room, Meadowood Retirement Community

PLEASE PRINT Name(s) _____

Email address _____

Please circle this line and initial your choice to pre-order chicken parmesan ____ or crustless spinach quiche ____ .
All others will have the pork tenderloin with apple chutney.

The cost for each meal is \$25. Please mail this form, together with your check, to IU Retirees Association, P.O. Box 8393, Bloomington, IN 47407-8393

RESERVATIONS AND PAYMENT MUST BE RECEIVED NO LATER THAN APRIL 29!

Visit our website at iura.indiana.edu Contact us at iura@iu.edu

IU Retirees Association
P.O. Box 8393
Bloomington, IN 47407-8393

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“Retirees are awesome” department

In 2024, retirees of the Bloomington campus gave or pledged a total of \$1,625,557 to the IU Foundation. The top five areas receiving these donations were

- Athletics,
- Radio and Television (WTIU/WFIU and additional funds benefiting various programs),
- IUB Kelley School of Business,
- Jacobs School of Music, and
- IUB O’Neill School of Public and Environmental Affairs.

Correction

February’s *Newswatch* incorrectly reported that public broadcasting accounted for 0.000085 percent of the federal budget. According to **Perry Metz**, the correct figure is 0.0085 percent. We regret the error.

Making IU an age-friendly university

We – **Phil Stafford**, **Joyce Krothe**, and **Tim Londergan** – are members of a committee charged with making our campus more “age-friendly” and seeking certification as a member of the Age-Friendly University Global Network. We would appreciate your comments about IU Bloomington activities and events that are geared to older members of the IU campus community.

Here is a link to a brief survey that you can use to respond anonymously:

https://iu.co1.qualtrics.com/jfe/form/SV_a5JdGelboeHRPwy. If you have more comments or wish to become involved with this effort, please email staffor@iu.edu. To view the 10 principles of age-friendly universities, visit www.afugn.org.

An age-friendly university seeks to promote age inclusiveness for the 50+ population across the region in the domains of education, research, and outreach – the core functions of the university. The initiative is sponsored by the Office of the Vice Provost for Research and springs from the IU Strategic Plan 2030.

About this newsletter

This newsletter is made possible by the dues paid by the IURA’s 431 (a new record!) members. The IURA is entirely self-supporting, although the IU Foundation generously offers meeting space free of charge at the Peterson Room in Showalter House.

Newswatch is published eight to ten times each year. Send address corrections to database manager **Doris Wittenburg**, dwittenb@iu.edu. Please send corrections, comments, and opinion letters to editor/writer **Judy Schroeder**, jschroed@iu.edu. Thanks to **Beau Vallance** for museum photos. The IURA website includes an album with many more photos from the March meeting.